

CB-BK WE2 2026: Session: 1: COACH evaluation sheet for TEAM: BZK

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Maene Stefaan HEADCOACH

Coaches: De Nolf Elina

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 5: 200M BREASTSTROKE WOMEN 15+					Heat:3, starttime: 10:16
Heat: 3/9 Lane : 4 Athlete: MESTDAGH LAURE					Q-time: 02:56:34
PB (50m pool): 02:53.17 Antwerpen 21/07/2024			PB (25m pool): 02:48.29 SB: 02:56.34 Antwerpen 08/03/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:53.17	
	no time				
					

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 15+					Heat:2, starttime: 11:49
Heat: 2/13 Lane : 3 Athlete: MESTDAGH LAURE					Q-time: 00:29:07
PB (50m pool): 00:29.07 Brugge 14/02/2026			PB (25m pool): 00:28.47 SB: 00:29.07 Brugge 14/02/2026		
	5 0 M				
PB	00:29.07				
	00:29.07				
					

Coach feedback: